

# THE POST

DANBURY POLICE CADETS

JULY 2024

## NERLEE A POLICE ACADEMY

The week of July 14-20th, 19 Police Cadets had the honor of attending the NERLEE A Police Cadet Academy in Massachusetts. For many Cadets, it was their first time experiencing this week-long event, but others had already been and were moving on to the next phase. About 500 Cadets from the New England Region worked together over the week, overcoming hard physical and mental work. Cadets collaborate with their squad within their designated program. There are 6 programs Cadets can choose from, Basic, Advanced, Practical Skills Program (PSP), Mock Police Department (PD), Career Development, and Bike. Each of these has varying difficulty levels, some being more challenging than others.

*All of the  
Danbury Cadets  
who attended*



With all the mental work, Cadets supported and cheered on their teammates helping to motivate one another. Most days consisted of physical training and various lessons such as self-defense, felony stops, building searches, and many more. In the evenings, Cadets were given the opportunity to relax and socialize with fellow Cadets from the various Posts. Despite the long and grueling week, graduation day was sad. Many were not ready to leave their new friends so soon. We are extremely proud of our Danbury Police Cadets who attended this year, especially those chosen to be squad leaders in PSP, Basic, and Advanced, and are looking forward to seeing new faces next year!  
Written by: Emily Prieto



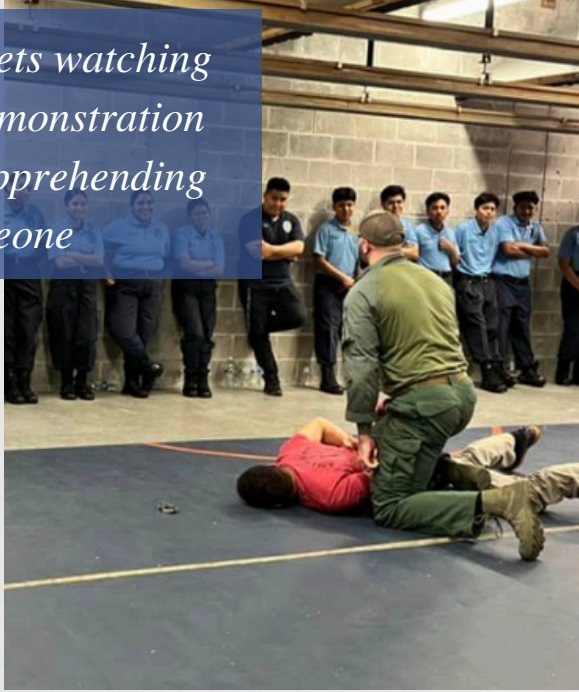
*Some of the  
Cadets with Sgt.  
Dave during an  
evening program*

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*Cadets watching  
a demonstration  
of apprehending  
someone*



## NEW LESSONS

Recently, Cadets have been taking more hands-on lessons, learning how to arrest and use a baton. Before taking these lessons, we had an officer come in and teach a class on how physical contact can be utilized in different police scenarios safely. This allowed Cadets to understand the dos and don'ts of any physical altercations in various police situations. Even though Cadets cannot use these tactics for a long time, many of our Cadets are interested in future law enforcement careers and this class provided an interesting challenge.

During the lesson, Cadets were first taught gun safety by some of our Police Officers, and in which drastic scenarios the Officers may have to use them. Following the lesson they went into an Officer training room. There they learned the proper ways to use a baton. Everyone had the opportunity to try it out and fully understand how to handle it. They also learned a quick way to restrain someone with only one arm. These new lessons will be very helpful for those Cadets who join future NERLEEA events and we look forward to furthering our knowledge in the future!

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*Cadets  
practicing using  
the batons*